

## ***Registration Form***

Please register by May 6

Cost \$130

Registration fee includes housing in modern hotel-type rooms, 2 per room occupancy, plus all meals, snacks, and program materials.

Mail payment with registration form, OR, if registering online, you may pay when you arrive. To register online: [www.uppermidwestcc.org](http://www.uppermidwestcc.org) or Email [cddumw@gmail.com](mailto:cddumw@gmail.com), subject line: "Spiritual Feasting"

***Name***

***Address***

***City, State, ZIP***

***Email***

***Phone***

***Dietary Needs***

***Mail to:*** UMWCC, Spiritual Feasting Registration, 5064 Lincoln St, Newton, IA 50208. For questions, call 515-255-3168 or email [cddumw@gmail.com](mailto:cddumw@gmail.com)

## **Christian Conference Center Directions**

**5064 Lincoln Street,  
Newton, IA**

From Newton, Iowa, Interstate 80, take Exit 164 (Hwy 14) - Go South 1.6 miles.

From Hwy 14 turn East on S 44 Ave W, there is a sign for the Conference Center. Travel 3 miles to a "T" in the road at Lincoln Street.

Turn South (right) on Lincoln for 1.3 miles. Watch for the signs!



The Center sits on 212 acres of wooded grounds, offering an abundance of outdoor hiking trails through timberland prairie, or just a quiet walk by the pond.

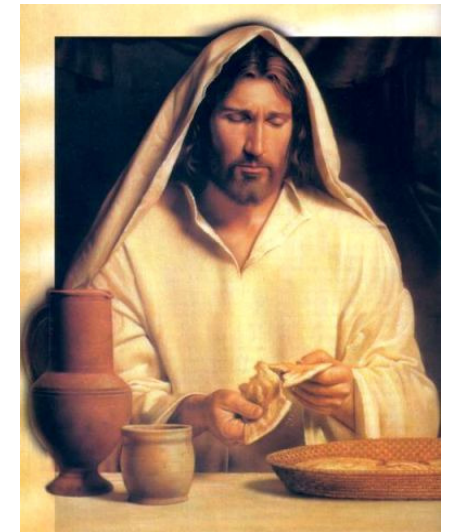


Sponsored by Spiritual Ministry  
Christian Church (Disciples of Christ)  
in the Upper Midwest

# **Spiritual Feasting**

***A gathering of souls feasting  
on God's spiritual food~***

May 20-22, 2011  
Christian Conference Center



**One does not live on  
bread alone, but on  
every word that comes  
from the mouth of  
God...**

# Spiritual Feasting

## Experience

Would you like to be more intentional about your relationship with God? There is a tradition of Christian spiritual practices which has for centuries guided believers in their day to day relationships with God and the world.

Come, explore, and experience some of these practices and get a taste of a richer, more fulfilling way to live with God.

Small breakout sessions will explore: prayer, labyrinth, lectio divina, journaling, enneagram, drumming, art as prayer, and spiritual guidance.

The Christian Conference Center provides lovely hotel-style accommodations with two Queen-size beds (two people per room) and a private bath.



## Schedule

### Friday

- 5:00 Registration and room assignment
- 6:00 Dinner
- 7:00 Get acquainted and Worship
- 7:30 Orientation
- 8:00 Free time, games, snacks, variety of spiritual activities

### Saturday

- 8:00 Breakfast
- 9:00 Morning devotions
- 9:15 Conference
- 10:30 Breakout session
- 12:00 Lunch and free time
- 1:30 Breakout session
- 3:00 Service as a spiritual practice/optional free time
- 6:00 Dinner
- 7:00 Taize' worship service
- 7:30 Free time, games, snacks, variety of spiritual activities

### Sunday

- 8:00 Breakfast
- 9:00 Morning devotions
- 9:15 Conference
- 10:30 Breakout session
- 11:45 Closing worship/Communion



*I am the bread of life. Those who come to me will never go hungry. Those who believe in me will never be thirsty.*

## Packing List

- Jacket or Sweatshirt
- Toiletries
- Flashlight
- Walking shoes
- You may wish to also bring:
  - Snacks to share
  - Slippers
  - Camera
  - Journal
  - Bible

